



**Health Committee Meeting  
Minutes  
Tuesday, July 9, 2019**

- Present Board:** Deborah Avakian, David Gruber, Molly Hauser, Margaret Jacobs, Jeanie Kayser-Jones
- Present Staff:** Ken Donnelly, CEO, Hanh Ta, Nursing Home Administrator and Operations Director, Cindy Chen, Interim Director of Nursing
- Present:** Tony Hanley, Residents' Council President, Richard Moskowitz, MD
- Absent:** John H. Fullerton, M.D

1. **Call to Order:** Chair, Dr. Jeanie Kayser-Jones, called the meeting to order at 3:35 p.m.
2. **Approval of Minutes:** The Minutes of the May 14<sup>th</sup> Health Committee Meeting were approved.

**3. CEO's Report:**

**a) Introduction of Richard Moskowitz, M.D.** – Ken introduced Dr. Richard Moskowitz to the Committee. Dr. Moskowitz joined Heritage on the Marina in April and now sees 16 Independent and Assisted Living residents, particularly those with Brown and Toland medical insurance. Dr. Moskowitz has been very well received by staff and residents.

Dr. Moskowitz is a sole practitioner with a practice in South San Francisco. He is also the Medical Director at two Skilled Nursing Facilities: St. Francis Pavilion in Daly City and The Avenues Transitional Health Center . He described himself as having had good teachers and colleagues and said he has a skill set that serves him well with seniors. Dr. Moskowitz attended medical school at the University of California, Davis School of Medicine. He did his Internship at Presbyterian Hospital, (now CPMC) in San Francisco. Dr. Moskowitz added that he finds Heritage on the Marina residents and their families to be nice and friendly.

**b) Overtime Report** – Ken discussed the Accounting Department's Overtime report which compares Health Center staff overtime during the first six months pf 2019 with the calendar year 2018. **(Attachment 1)** Overtime is 11.44%, for the first six months of 2019. This amounts to \$97,753 in overtime wages. Our goal is to have

only 5% overtime, however we are performing better than 2018 by an annualized amount of about \$40,000. Ken added that we budgeted \$182,078 for sick/vacation/holiday relief for 2019, which is our offset amount for Health Center staff overtime. We are very close to tracking with our budgeted number i.e. 53.69% at 6 months.

Chris Vezzetti, formerly employed in the Food Services Department, is now the Scheduling Coordinator for Health Center staff, and is also doing recruiting and retention. Staff must call Chris if they are not reporting to work. Health Center staff are asked to give 4 hours' notice, but they often call only two hours prior to their shift. Chris is trying to schedule staff so we do not incur overtime or double shifts. He has a new policy in place whereby points are accrued if staff calls off. After a certain number of points are accrued, the staff member is counseled by their supervisor (either Cindy Chen or Sandra Peret).

**c) Friendship Hall** - The renovation of Friendship Hall has begun and will continue for 10-12 weeks. We are purposely keeping the census low in the Health Center during the renovation. The census is currently 18-19 patients. We expect to see a drop in Medicare revenue during the weeks of renovation.

4. **Report from Residents' Representatives** – Tony inquired why we charge residents with Type C contracts \$15 each time they have their blood pressure taken. This can be costly to those who have their blood pressure checked daily. Jeanie requested that the list of ancillary charges for Type C residents be included in the next Committee packet.
5. **Director of Nursing Report – (Attachment 2)** Acting Director of Nursing, Cindy Chen, presented a report consisting of the following information for the first six months of 2019:
  - Health Center admissions and discharges
  - A breakdown of Medical Coverage for Independent and Assisted Living residents
  - Ambulatory status for Independent and Assisted Living residents
  - Falls for all levels of care: Independent, Assisted Living and Skilled Nursing, with and without injury and on or off site.
6. **Nursing Home Administrator Report – (Attachment 3)** Hanh presented her report on the Government Agency Activities, January to July 2019. The citation we received for an Unusual Occurrence on March 27, 2018, in which a resident sustained multiple fractures, resulted in a \$2,000 fine which was reduced to \$1,300.00 for early payment. The case was closed on May 21, 2019.

Hanh also reported on the results of the Payroll-Based Journal (PBJ) Staffing Data Audit by Myers and Stauffer, for the 4<sup>th</sup> quarter of 2018. CMS(Centers for Medicare & Medicaid Services) found that the Hours Per Resident Day were different than the verified Hours Per Resident Day. This discrepancy resulted in a one-star staffing rating in the Five-star Quality Rating System, which reduces the Health Center's overall rating from five-stars to four-stars for three months.

Hanh discussed **Compliance Review and updates for May 2019 Report.**

Starting October 1, 2019, CMS will change how skilled nursing facilities will be paid for Medicare Part A Services. The (RUG-IV PPS) “Resource Utilization Group Prospective Payment System” will change to a “Patient Driven Payment Model (PDPM) resident classification system. The PDPM person-centered approach of paying for PT, OT, and ST (Physical, Occupational, and Speech Therapy) services under Medicare Part A bases payment on a resident’s characteristics/diagnosis, rather than on the amount of therapy provided. This is a significant change in billing and reimbursement from Medicare. As providers implement the PDPM system, CMS will monitor for significant changes in therapy service patterns.

Another significant compliance requirement involves changes in what surveyors will be reviewing in their annual visit. Long-term care facilities must be compliant with the **Requirements of Participation in Phase 3** by November 28, 2019, which includes full implementation of a **Compliance and Ethics Program**, a **QAPI (Quality Assurance (QA) and Performance Improvement (PI) Program**, presence of a qualified **Infection Preventionist**, in addition to certain staff training requirements. Phase 3 requirements are more extensive than previous requirements for training and competency. Nurse assistant training is emphasized, including abuse prevention and care for residents with cognitive impairment and dementia.

Phase 3 will also focus on **Behavioral Health Services** to ensure that residents with mental or psychosocial disorders, trauma or post-traumatic stress receive the appropriate care and services.

Hanh announced the departure of our MDS Coordinator, Eupi Dimacali, and the re-hire of our former MDS Coordinator, Elvira Gabionza, on a part-time basis.

Hanh also submitted an updated Health Committee Action Item Log, (**Attachment 4**) with Cindy Chen assigned to develop a revised assessment tool to replace the current LOCAT Assessment tool, and to develop a Fall Prevention Program for IL and AL residents. As soon as we have a new Director of Rehabilitation, we will begin developing a Falls Prevention Program. There were 52 falls between January and June: 28 among IL residents; 8 among AL residents and 16 in the Health Center. Additionally, Jeanie suggested a re-assessment of the cognition status of IL and AL residents using a more comprehensive tool, for example the MOCA (Montreal Cognitive Assessment) test.

7. **Other Business** - Jeanie inquired if Dr. Fullerton is fulfilling his duty as Medical Director of Heritage on the Marina. Hanh responded that he is attending the weekly IDT and QAPI meetings.

Jeanie also asked for an update on the new Shingles vaccine which, unfortunately we have not been able to procure.

While there has been a lot of very positive response to the Cottage Day Program, the Committee suggests the staff do an evaluation of the program with objective criteria and outcome data within six months.

The Committee also requested Minutes/reports from the quarterly Quality Assurance meetings so they can see trends in falls, skin and weight issues.

8. **Adjournment and establish date of next meeting:** The meeting was adjourned at 5:15 p.m. The next meeting will be August 20, 2019 at 3:30 p.m. in the Garden Conference room.

Respectfully submitted,

Patti Gallagher, Marketing Coordinator